

Please print heading info clearly.

TURN IN DEADLINE: Tuesday Aug 20th

PICK UP DATE:

NAME

NO. OF ITEMS

WORK PHONE

EXT.

AMT. OF ORDER

HOME PHONE

FINAL COST

EMAIL

Pay with cash or check. Food stamps now accepted by payment in advance.

Make checks to **Tri-City Foods**, include your address and phone number.

\$15.00 fee on returned checks. All products guaranteed! 518-272-0898

Please record Pick Up date so you won't miss us! There will be a processing fee for credit cards used.

ITEM		Poultry Items	COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD
1	Boneless Skinless Chicken Breasts (our original) Super tender flattened chicken breasts. Finally back! Totally trimmed. 5lbs.	\$20.98		24	All Beef Hot Dogs Premium N.Y. style deli hot dogs. 24 ct. 3 lbs.	\$11.88 SPECIAL!	47	Large Fried Dough Like at the fairs. Four large doughs with comes with sugar pack.	\$7.39	
2	Italian Marinated Ch. Breasts Boneless, skinless, grilled, fully cooked. Wow! Super good! 12 ct. 4lbs.	\$13.95 SPECIAL!		25	Breakfast Items Jumbo Breakfast Links You get 16 EXTRA BIG pork sausage links. Lean and flavorful ready to cook links. 3 lbs.	\$11.98	48	Large Stuffed Shells Finally Back By Demand 18 count	\$8.95	
3	Our Original Chicken Nuggets Tastes like at a famous fast food restaurant, LARGE 5lb bag	\$17.98		26	French Toast Sticks Our original . No cinnamon add-ed. 2lbs.	\$6.99	49	Lasagna Roll ups Filled with delicious cheeses 12 individual 4oz. Pieces. Just add sauce!	\$7.49	
4	Chicken Cordon Bleu Stuffed w/ ham & cheese. Bakeable. 8– 4oz. Breasts.	\$13.69		27	Precooked Bacon Finally back 150 slices only 14 cents per slice	\$20.98 GREAT BUY!	50	Mozzarella Sticks Restaurant quality. The very best loaded with cheese. Bake or deep fry. Large 2lb bag.	\$8.89	
5	Chicken breasts w/ Broccoli and Cheese (our original) Bakeable 8 - 4 oz. breasts.	\$13.69 SPECIAL		28	Cinnamon French Toast Sticks About 30 Count. 2lbs.	\$6.79	51	Potato and Cheese Perogies You get 3, 13oz bags.	\$6.69	
6	Mini Chicken Cordon Blue Stuffed with ham and cheese. Great appetizer. 30ct.	\$11.98 SPECIAL!		29	Fully Cooked Breakfast Links Skinless. Same maker and taste as our patties. Approx. 40 links 3lbs	\$11.98	52	Cheese Filled Manicotti Approx 15 large manicotti. 2.5 lbs.	\$6.88	
7	Breaded Chicken Breast Tenders Our traditional, always good chicken tenders. 5lb bag.	\$19.98		30	Fully Cooked Breakfast Patties Lean pork with country seasoning. 22 Large Patties. 3lbs.	\$11.98	53	Buffalo Chicken Logs Eggroll shaped. All white meat with buffalo sauce. 12 count.	\$8.98	
8	Breaded Chicken Breast Fillets Lightly breaded. Bake or deep fry. Approx. 25 count. 5lbs.	\$19.95		31	Potato Items Hash Brown Tatter Sticks New! Must try! About 45.4lbs.	\$7.88 Special	54	Pork and Veggie Eggrolls You get 10 Large full size eggrolls. Finally Back by popular demand!	\$10.79	
9	Popcorn Chicken By Tyson. Big 5lb bag. Nice size. Kids love these!	\$17.98 SPECIAL!		32	Center Cut NY Strips Boneless Center Cut 8oz individually wrapped strip steak	\$5.88 EACH	55	Garlic Knots By Furlani. 2 -8oz boxes.12 count total. Simply bake or even micro.	\$5.98	
10	BREADED BONELESS CH WINGS Just like from the pizzeria bake, deep fry or air fry 5lbs	\$14.95 SPECIAL!		33	Crispy Cut Fries Best quality Idaho potatoes, 5lbs	\$8.98	56	Large Whole Onion Rings Our Original! Bake or deep fry. Great onion rings. 2.50lb bag.	\$8.89	
11	Breaded chicken breast chunks Nice size chunks. Bake, deep fry, air fry. 5 lbs.	\$14.95 SPECIAL!		34	Sweet Potato Fries Bake or deep fry. 3lb. Bag.	\$6.98	57	Garlic Texas Toast Our original, By Furlani. 18 count. 3-8oz boxes. Great buy.	\$6.29	
12	Steak and Meat Items Fully Cooked Meatballs All beef meatballs. Best quality. Must try!	\$13.98		35	Seasoned Diced Potatoes Pre-browned. Bake or pan fry. A top seller! Now LARGER 6lb bag.	\$9.98	58	Bacon and Cheese Items Grated Parmesan & Romano Best quality. Pure, no fillers. 1lb. \$11.95 Value	\$7.88	
13	Boneless Pork Chops All center cut, 14 to 16 count, 4lbs	\$14.98		36	Mini Seasoned Potato Crowns Silver dollar size, great taste, finally back. 3lbs.	\$6.99 SPECIAL	59	Shaved Italian Cheeses Romano and parmesan cheese blend. 1lb. A 11.95 value.	\$7.98	
14	Boneless Ribeye Steaks Nice size 10oz steak individually wrapped: SOLD BY THE STEAK	\$6.99 SPECIAL		37	Hash Brown Patties Approx 23 full size patties large 3.5lb bag	\$7.69	60	Sliced Swiss Cheese Best quality.1lb pack. Sliced fresh daily.	\$6.49	
15	Quarter Pound Burgers Lean and tasty. 20 Count. 5 lbs.	\$20.98		38	Seasoned Curly Fries Tasty Idaho potatoes, large 5lb bag	\$8.98	61	Mozzarella String Cheese Premium cheese sticks. 30-1oz. sticks. Many uses!	\$9.98	
16	Lean Ground Beef (our original) All natural, 85% lean. Sold by the pound.	\$5.79 PER POUND		39	Red Skin Roasted Potatoes Roasted in olive oil & rosemary. Fully cooked 2.5lb bag	\$7.98	62	Sliced Provolone Cheese Best quality.1lb pack. Sliced fresh daily.	\$6.49	
17	Philly Sandwich Steak Slices Made from real steak. Approx. 13 ct. 3.5 lb. average weight.	\$16.95 Special		40	Pizza Deep Dish Cheese Pizza Our original! Finally back. 6ct.	\$9.49	63	Country Bacon Real hickory smoked bacon. Finest quality! 2 packs. 2lbs. SPECIAL!!	\$8.88 SPECIAL	
18	Larger Boneless N.Y. Strip Steaks Larger and thicker, big 12oz SOLD BY THE STEAK	\$7.98 GREAT BUY!		41	French Bread Cheese Pizza Individual size. 6ct.	\$7.98	64	Jalapeno America Cheese Great flavor. Sliced fresh daily. 1-lb	\$6.49	
19	All Natural Ground Beef 90% lean. A \$8.99 per pound value. Sold by the pound.	\$5.99 PER POUND		42	Deep Dish Cheese Pizza Individual size. 6ct, comes with a free pepperoni pack!	\$9.49	65	Sliced American Cheese Best quality. Sliced white. 120 slices, 5lbs	\$17.88	
20	Boneless N.Y. Strip Steaks Large 10 oz. individually wrapped steak. Sold by the steak.	\$6.88		43	Appetizer and Dinner Items Pizza Logs Eggroll shaped with pepperoni, sauce and cheese. Bake or deep fry.12ct	\$8.98	66	Sliced Horseradish Cheddar Best quality. Sliced fresh daily 1 lb.	\$7.49	
21	Sweet Italian Sausage Links Lean and flavorful. You get 3-1 pound packages. 3lbs total	\$12.49		44	Battered Corn Nuggets Air fry, bake, deep fry. 2lb bag	\$7.88	67	Shredded Mozzarella Cheese Large economy size bag. 5lbs.	\$17.98	
22	Hot Italian Sausage links Lean and flavorful. You get 3-1 pound packages. 3lbs total	\$12.49		45	Mini Corn Dogs Air Fry, Bake, Deep Fry, about 24 2lbs	\$7.95 SPECIAL	68	Cooper Sharp Am. Cheese Deli sliced daily, top seller! 1lb.	\$6.88	
23	Jumbo Beef Burgers Approx 15 5lbs best quality	\$21.50		46	Breaded Fish Nuggets Air fry, bake, deep fry. Tasty. 2lbs.	\$6.98	69	American Cheese For those who do not want a 5lb brick. 1lb package.	\$4.69	

ITEM		COST	ORD		ITEM	COST	ORD		ITEM	COST	ORD
70	Long Pepperoni Stick Approx 2 feet long.	\$11.49		90	Dumpling Items	\$15.98		110			
					Chicken + Veggie Dumplings Tasty oriental dumplings, 40ct						
71	Cheddar Cheese Premium best quality cheese. Aged 2 years & sliced fresh .1lb.	\$7.49		91	Pork + Veggie Dumplings Tasty oriental dumplings, 40ct	\$15.98		111			
72	Italian Imported Spaghetti A 7.49 value 3 1lb packs	\$3.95 SPECIAL		92	Dessert Items	\$8.49		112			
					Apple Cinnamon Cake Gourmet quality. Will provide approx. 10 slices, 1.5lbs						
73	Battered Mac + Cheese Bites 1.75LB Bag great snack or appetizer	\$7.95		93	Lemon Meringue Pie Thaw and eat. Delicious.	\$11.95		113			
74	Veggie Items	\$3.98		94	Marble Chocolate Chip Cake Chocolate and white cake loaded with chocolate chips. 10-12 slices. 1.5lbs	\$8.49		114			
	Peppers and Onion Blend 2 lb. bag										
75	Cut Corn 2.50lb bag.	\$3.50		95	Blueberry Cake Delicious cake with lots of tasty blueberries. Will provide approximately 10 slices. 1.5lbs	\$8.89		115			
76	Broccoli Florets Grade A fancy. 2lb bag.	\$3.98		96	Fully Cooked Meal Kits	\$6.29		116			
					Beef and Broccoli Meal Kit Tender beef steak, broccoli, white rice and vegetables in a savory soy sauce. 24 oz, serves 2-3.						
77	Cauliflower Florets Grade A fancy - 2lb. bag	\$3.98		97	Chicken Stir Fry Meal Kit Tender chicken chunks, peas, carrots and broccoli with fried rice. 24 oz, serves 2-3.	\$6.29		117			
78	Brussel Sprouts Small and tender. Grade A fancy. 2lb bag.	\$3.98		98	Shrimp Scampi Meal Kit Shrimp, linguini pasta and delicious vegetables in a creamy garlic sauce. 24 oz, serves 2-3.	\$6.29		118			
79	Prince Edwards Vegetables Baby Carrots, baby yellow and green beans. 2lb bag.	\$3.98		99	Chicken Alfredo Meal Kit White meat chicken, pasta and vegetables in a rich and creamy alfredo sauce. 24 oz, serves 2-3.	\$6.29		119			
80	Peas & Carrots 2 lbs bag	\$3.79		100	Shrimp Fried Rice Meal Kit Tasty oriental meal kit. Fully cooked. 24 oz, serves 2-3.	\$6.29		120			
81	Seafood Items	\$10.98		101	Deli Items	\$7.29		121			
	Breaded Crab + Cheese Bites Bake or deep fry. 2 - 15oz bags.				Honey Baked Ham Best quality. Sliced fresh daily. 1lb. \$9.95 value.						
82	Not Breaded Haddock Fillets Delicious wild caught. Flakey, tasty fillets. 3lbs total	\$19.88		102	Wunderbar Bologna Sliced fresh daily. 1lb. \$5.79 value.	\$4.49		122			
83	Raw Shrimp Peeled & cleaned ready to cook large shrimp. About 50. 2lbs.	\$17.88		103	Boiled Ham Plain ham not smoked. Best quality. Sliced fresh daily. 1lb. \$7.98 value.	\$5.99		123			
84	Battered Lobster Bites Bake or deep fry. 2 - 11oz bags.	\$10.98		104	Ham off the Bone Best quality. Fresh from our deli daily. 1lb pack	\$7.99		124			
85	Ready Made Crab Cakes Lots of crab. Tasty. You get 12 large 3.5 oz crab cakes.	\$15.98		105	Sliced Pepperoni Best quality. Fresh from our deli daily. Pizza size slices. 1lb. pack	\$8.49		125			
86	Breaded Clam Strips Bake or deep fry. You get either 8 - 4oz bags or 2 - 16oz bags. Depending on inventory.	\$12.88		106	Slice Salami Sliced fresh daily. 1lb.	\$8.49		126			
87	Breaded Jumbo Shrimp Approx 50, large 3lb box. Pan fry or deep fry only.	\$17.98		107	Oven Roasted Turkey Sliced fresh daily. 1lb.	\$8.99		127			
88	Lobster Tails 3 oz each tail.	\$4.99 Special		108	Frito Lays Variety Pack Lunch pack size. 12 count, 3 varieties to make up the 12 bags	\$5.69		128			
89	Boneless, Skinless Salmon Nice 6 to 7 oz portions. Absolute finest quality fillets. Individually wrapped.	\$4.88 EACH		109	Dorito Snack Mix Lunch pack size. 6 nacho cheese & 6 cool ranch. 12 total	\$5.69		129			

**Dear Customers**

**Shop and compare and you will find our prices are overall the lowest around and you will not find better quality!**

**As always, we are totally committed to keeping our prices as low as possible and will always offer you the best quality products you can find. Our products are always guaranteed for your satisfaction. As always thank you for your business. It means the world to all the employees to help keep this family business going for almost four decades.**

**WEIGHTS ARE CORRECT, COUNTS MAY VARY - NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS**

**We now accept FOOD STAMP payments– Must prepay by phone 24 or more hours in advance. Call 518-272-0898**

**You may also Mail your order directly to: Tri-City Foods 618 Third Ave. Watervliet, NY 12189**

**Order online at [www.tricityfoods.com](http://www.tricityfoods.com)**