

Please print heading info clearly.

TURN IN DEADLINE: Monday May 24th

PICK UP DATE:

NAME _____ NO. OF ITEMS _____

WORK PHONE _____ EXT. _____ AMT. OF ORDER _____

HOME PHONE _____ Less 3% _____

EMAIL _____ FINAL COST _____

Pay with cash or check. Food stamps now accepted by payment in advance.

Make checks to Tri-City Foods, include your address and phone number.

Please record Pick Up date so you won't miss us!

\$15.00 fee on returned checks. All products guaranteed! 518-272-0898

ITEM	COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD			
Chicken Items											
1	\$16.98 SPECIAL	24	Boneless Skinless Chicken Breasts Super tender flattened chicken breasts Totally trimmed, 5lbs.	\$4.98 PER POUND	47	Battered Cauliflower Bake, air fry or deep fry. Large 3lb bag.	\$9.98 SPECIAL				
2	\$13.98 SPECIAL	25	Jumbo Chicken Breast Chunks Golden brown breaded, tender and tasty. Great buy! LARGE 5lb bag.	\$14.88	48	Potato and Cheese Perogies By Codino's. 3-13 oz packs.	\$6.69				
3	\$13.98 SPECIAL	26	Chicken Nuggets Taste just like a famous fast food place. Approx. 75ct. BIG 5lb bag.	\$13.98 SPECIAL	49	Battered Onion Petals Top seller! Spicy delicious onion petals. Large 2.5lb bag.	\$7.49				
4	\$12.98 SPECIAL	27	Chicken Cordon Bleu Stuffed w/ ham & cheese. Bakeable. 8 - 4oz. breasts.	Breakfast Items					50	Mozzarella sticks Bake or deep fry, large, 3lbs	\$11.49
5	\$12.98 SPECIAL	28	Chicken breasts w/ Broccoli and Cheese (our original) Bakeable 8 - 4 oz. breasts.	\$10.98	51	Stuffed Shells Stuffed shells with cheese. Approx. 18 count. 3lb tray.	\$6.88				
6	\$14.49 SPECIAL	29	Spicy Breaded Chicken Wings Great taste! Bake or deep fry. Large 5lbs	\$5.19	52	Cheese Filled Manicotti Approx 15 large manicotti. 2.5 lbs	\$6.88				
7	\$16.98 SPECIAL	30	Premium Chicken Tenders Bake or deep fry these delicious breaded tenders. LARGE 5lbs	\$6.29	53	Cream Cheese Jalapeno Popper Filled w/ cream cheese. Bake/deep fry, about 30, 2lbs	\$12.49				
8	\$15.98 SPECIAL	31	Breaded Chicken Breast Fillets Lightly breaded. Bake or deep fry. 18 count. 5lbs.	\$10.98	54	Pizza Dough 4 large 16oz. frozen dough balls.	\$5.98				
9	\$14.88 SPECIAL	32	Marinated Chicken Thighs NEW! Boneless, skinless. Grill ready. Delicious garlic peppercorn marinade. Large 4lb bag.	Potato Items					55	Garlic Knots By Furlani. 2 -8oz boxes.12 count total. Simply bake or even micro.	\$5.88
10	\$14.88 SPECIAL	33	Marinated Chicken Thighs NEW! Boneless, skinless. Grill ready. Delicious sweet bourbon marinade. Large 4lb bag.	\$6.98	56	Large Whole Onion Rings Our Original! Bake or deep fry. Great onion rings. 2.50lb bag.	\$6.98				
11	\$14.98	34	Boneless Chicken Wings Breaded, bake or deep fry. 5lb bag.	\$6.98	57	Breaded Eggplant Slices Pre-browned. About 30 slices 2.50lb. Bag.	\$7.98				
12	\$3.19 SPECIAL	35	Boneless NY Strip 6oz Medium thickness, center cut, choice, sold by the steak.	\$7.98	58	Mac & Cheese Bites Bake or deep fry. Approx 30. 2 lb. bag.	\$7.98				
13	\$17.98 SPECIAL	36	Large Steak Burgers Burgers made from premium steak cuts. 15 thick burgers. Great buy.	\$7.98	59	Cheddar Jalapeno Poppers Filled w/ cheddar cheese. Bake/deep fry, about 30, 2lbs	\$12.49				
14	\$4.99 SPECIAL	37	Boneless Top Sirloin Steak Large center cut, choice 10 oz. Thick cut steak. Sold by the steak.	\$6.98	60	Garlic Texas Toast Our original, By Furlani. 18 count. 3-8oz boxes. Great buy.	\$6.29				
15	\$11.49 SPECIAL	38	NEW! Boneless Ribeye Steaks Lean and tender, you get 4 - 5oz steaks in a pack. Great buy!	\$6.98	61	Mini Pretzels w/ Cheese Micro or bake, 3 - 9oz bags.	\$5.98				
16	\$20.98	39	Quarter LB Beef Burgers 85% lean. Simply the best. 20ct, 5lbs	Bacon and Cheese Items					62	Pre-Cooked Bacon Large 150 count pack. Delicious.	\$20.98
17	\$7.98 SPECIAL	40	NEW! Jumbo Beef Hot Dogs Best quality. NY Deli style. Great dogs, 15 count, 3lbs, Great buy!	Pizza					63	Country Bacon Thicker sliced, real hickory smoked bacon. 2 packs. 2lbs.	\$9.29
18	\$14.98	41	Philly Sandwich Steaks Made from real steak cuts. Thin sliced, approx 13 ct. 3.5 lbs average weight.	\$7.98	64	French Bread Cheese Pizza NEW! Individual size. 6ct. comes with a free pepperoni pack!	\$7.98	64	Jalapeno American Cheese Deli-sliced daily. 1lb.	\$5.98	
19	\$4.98 PER POUND	42	All Natural Ground Beef 90% lean. Grass fed. A \$8.99 per pound value. Sold by the pound.	\$7.98	65	Deep Dish Cheese Pizza Individual size. 6ct.	\$7.98	65	Sliced Canadian Bacon 1lb pack. A \$6.95 value	\$3.98 SPECIAL	
20	\$14.98	43	NEW! Stuffed Boneless Pork Chops w/ Apple Cranberry Bread Stuffing 8 BIG 8oz chops. 4lbs.	Appetizer and Dinner Items					66	Sliced American Cheese Best quality. Sliced white. 120 slices, 5lbs. Special!	\$14.88 SPECIAL
21	\$11.49	44	Italian Sausage Links Seasoned medium to please all. Lean and flavorful, 3 1lb packs	\$6.49 SPECIAL	67	Vegetable Spring Rolls Very tasty, air fry, bake or deep fry. 20 count.	\$6.49 SPECIAL	67	Shredded Mozzarella Cheese Large economy size bag. 5lbs.	\$15.49	
22	\$16.98 SPECIAL	45	Italian Style Meatballs All beef with the finest ingredients. About 30 count. 4 lbs	\$6.69	68	Lasagna Rollups Filled with delicious cheeses. 12 individual, 4oz. Just add sauce.	\$6.69	68	Cooper Sharp Am. Cheese Deli sliced daily, top seller! 1lb.	\$5.98 SPECIAL	
23	\$14.98 SPECIAL	46	Sweet Bourbon Pork Chops Boneless center cuts, 12 - 6oz chops, BIG 4.5lb box.	\$5.98	69	Battered Corn Nuggets Kids love these. Bake or deep fry. Great appetizer. 2lbs.	\$5.98	69	Fontina Sliced Cheese A cross between provolone and mozzarella. Great! A must try. 1lb sliced.	\$5.98 SPECIAL	

ITEM	COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD
70	\$6.79		90	\$6.29		110	\$6.00	
Grated Parmesan & Romano Best quality. Pure, no fillers. 1lb. \$9.95 Value			Ham & Cheese Pockets By Hot Pockets. With ham & cheese 6-4oz.			Chicken Alfredo Meal Kit White meat chicken, pasta and vegetables in a rich and creamy alfredo sauce. 24 oz, serves 2-3.		
71	\$6.98		91	\$8.98 SPECIAL		111	\$6.00	
Shaved Italian Cheeses Romano and parmesan cheese blend. Outstanding. 1lb. A 11.95 value.			Seafood Items			Chicken Stir Fry Meal Kit Tender chicken chunks, peas, carrots and broccoli with fried rice. 24 oz, serves 2-3.		
72	\$6.50		92	\$8.98 SPECIAL		112	\$6.00	
Sliced Sharp Cheddar Sliced fresh daily 1 lb.			Breaded Lobster Bites Bake or deep fry. 2 - 17oz bags.			Shrimp Scampi Meal Kit Shrimp, linguini pasta and deli- cious vegetables in a creamy garlic sauce. 24 oz, serves 2-3.		
73	\$5.98		93	\$17.98		113	\$8.98 SPECIAL	
Sweet Horseradish Pickle Slices Bread and butter style slices. By Adirondack pickle. 24oz jar.			Not Breaded Haddock Fillets All center cuts. 8-10 boneless, skinless wild caught fillets. All natural. 3lbs.			Turkey, Snacks and More		
74	\$8.29		94	\$17.98 SPECIAL		114	\$7.98	
Raspberry Melba Sauce Large 32oz jar.			Raw Shrimp Peeled & cleaned ready to cook large shrimp. About 50.			Ground Turkey Meat 3 1-lb packs.		
75	\$4.49		95	\$19.98		115	\$4.98	
American Cheese For those who do not want a 5lb brick. 1lb package.			Stuffed Sole Bakeable 8-5oz portions With crab meat and scallops			Vegetable Can Spray Large 17oz container..		
76	\$9.50		96	\$14.98 SPECIAL		116	\$4.59	
Mozzarella String Cheese Land O Lakes Product Premium cheese stick. 30-1oz. sticks.			Ready Made Crab Cakes Lots of crab. Tasty. You get 12 large 3.5 oz crab cakes.			Frito Lays Variety Pack Lunch pack size. 12 count, 3 varieties to make up the 12 bags		
77	\$6.98		97	\$9.98		117	\$4.49	
Sliced Provolone Cheese Best quality. 1.50lb package.			Breaded Clam Strips Bake or deep fry. 8 - 4oz bags			Grandma's Cookies 9 assorted flavor packs, peanut butter, oatmeal raisin, chocolate chip, vanilla wafer		
78	\$6.98		98	\$16.98 SPECIAL		118	\$4.59	
Sliced Swiss Cheese Best quality. 1.50lb. package.			Breaded Jumbo Shrimp Butterflied. Deep fry or pan fry. About 60, 3lb bag.			Dorito Snack Mix Lunch pack size. 6 nacho cheese & 6 cool ranch. 12 total		
79	\$10.98 SPECIAL		99	\$14.98		119	\$4.98	
Long Pepperoni Stick Approx 2 feet long.			NEW Battered Haddock Bites Delicious, bakeable. Kids love these. 50 count			Fruit Fusion Variety Pack Fruit Rollups, Fruit by the Foot and Fruit Gushers. 3 boxes, 24 individual wrapped pouches total		
80	\$5.98		100	\$9.98		120	\$4.98	
Veggie Items			Dessert Items			Fire Roasted Veggie Soup Lots of veggies in a savory broth. 4 lbs. Makes 12-14 bowls. \$8.95 Value		
81	\$3.98		101	\$7.98		121	\$4.98	
Hearty Garlic Dill Pickles Bread and Butter style slices. By Adirondack Pickle. 24oz Jar.			Lemon Meringue Pie Simply thaw, eat, delicious.			Seven Bean Soup A savory broth with a delicious bean assortment. 4lbs. Makes 12-14 bowls.		
82	\$3.50		102	\$7.98		122	\$6.98	
Peppers and Onion Blend 2 lb. bag			Apple Cinnamon Coffee Cake Gourmet quality. 10-12 slices. 1.5lb			Deli Items		
83	\$3.98		103	\$8.98		123	\$5.98	
Cut Corn 2.50lb bag.			Blueberry Coffee Cake Gourmet quality, 10-12 slices 1.5 1.5lbs			Roast Beef Sliced fresh daily. 1lb. \$10.95 value		
84	\$3.98		104	\$6.98		124	\$6.49	
Broccoli Florets Grade A fancy. 2lb bag.			Banana Cream Pie Simply thaw, eat, delicious.			Virginia Baked Ham Sliced fresh daily. 1lb. \$9.95 value.		
85	\$3.79		105	\$8.98		125	\$6.49 SPECIAL	
Cauliflower Florets Grade A fancy - 2lb. bag			White Chocolate Macadamia Nut Cookies By Otis Spunkmeyer. Approx 24 larger cookies, 2lbs.			Capicola (Hot Ham) Sliced fresh daily. 1lb.		
86	\$3.98		106	\$8.98		126	\$6.49 SPECIAL	
Brussel Sprouts Small and tender. Grade A fancy. 2lb bag.			Chocolate Cream Pie Simply thaw, eat, delicious.			Genoa Salami Best quality. Fresh from our deli daily. 1lb pack		
87	\$2.98		107	\$7.98		127	\$5.98	
Prince Edward Blend Baby carrots, baby yellow and green beans, 2lb bag.			Chocolate Chip Cookies By Otis Spunkmeyer. Ready to bake. Approx 45 count. 3lbs.			Sliced Pepperoni Best quality. Fresh from our deli daily. 1lb. pack		
88	\$6.29		108	\$6.98 BUY ONE GET ONE FREE!		128	\$6.98	
Cut Green Beans 2lb bag			Marble Coffee Cake White and chocolate cake with LOADS of chocolate chips!			Cranberry Sage Turkey Breast Oven roasted, a light rub, abso- lutely delicious. 1lb. \$9.95 value		
Hot Pocket Items			Delicious Custard Pie Simply thaw and eat, delicious. Great summer time dessert!			Oven Roasted Turkey Breast Sliced fresh daily. 1lb. \$9.95 value.		
89	\$6.29		109	\$6.00		129	\$3.98	
Philly Steak+Cheese Pockets By Hot Pockets. With steak and cheese. 6-4oz.			Fully Cooked Meal Kits			Wunderbar Bologna Sliced fresh daily. 1lb. \$4.99 value.		
Pepperoni Pockets By Hot Pockets. With cheese, pepperoni & marinara. 6-4oz.			Beef and Broccoli Meal Kit Tender beef steak, broccoli, white rice and vegetables in a savory soy sauce. 24 oz, serves 2-3.					

Dear Customers,

We made a special purchase of choice, center cut, very tender well trimmed steaks. All steaks are individually cryo-vac which means they can be kept frozen for 6 months or more and still be perfect. This is a great stock up opportunity.

Remember all our deli items are sliced fresh the same day of the co-op. Always fresh, always the best quality, and, of course, always great prices. We are always adding new items, so read the list carefully! All products as always are guaranteed.

Remember to let your relatives, friends, co-workers and neighbors know about us. Like Tri City Foods on Facebook.

Order online at www.tricityfoods.com.

If there is an item you ordered before that is not on the list, call us for availability. 518-272-0898

Thank you for your business.

WEIGHTS ARE CORRECT, COUNTS MAY VARY - NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS

We now accept FOOD STAMP payments- Must prepay by phone 24 or more hours in advance. Call 518-272-0898

You may also Mail your order directly to: Tri-City Foods 618 Third Ave. Watervliet, NY 12189