

Please print heading info clearly.

TURN IN DEADLINE: Monday September 21st

PICK UP DATE:

NAME \_\_\_\_\_

NO. OF ITEMS \_\_\_\_\_

WORK PHONE \_\_\_\_\_ EXT. \_\_\_\_\_

AMT. OF ORDER \_\_\_\_\_

HOME PHONE \_\_\_\_\_

Less 3% \_\_\_\_\_

EMAIL \_\_\_\_\_

FINAL COST \_\_\_\_\_

Pay with cash or check. Food stamps now accepted by payment in advance.

Make checks to Tri-City Foods, include your address and phone number.

Please record Pick Up date so you won't miss us!

\$15.00 fee on returned checks. All products guaranteed! 518-272-0898

ITEM		COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD
	<b>Chicken Items</b>								
1	<b>Boneless Skinless Chicken Breasts</b> Super tender flattened chicken breasts Totally trimmed, approx. 20ct, 5lbs.	\$13.98 SPECIAL		24	<b>Lean Ground Beef (our original)</b> All-natural 85% lean. A \$6.99 per pound value. Sold by the pound.	\$4.98 PER POUND	47	<b>Chinese Eggrolls</b> Our original. Pork & veggie. Bake or deep fry. 24 -1.5oz eggrolls.	\$11.98
2	<b>NEW! Jumbo Ch Breast Chunks</b> Golden brown breaded, tender and tasty. Great buy! <b>LARGE 5lb bag.</b>	\$13.98 SPECIAL		25	<b>Boneless Top Sirloin Steak</b> Choice cut, very tender, 5-6 oz each, sold by the steak.	\$2.89 EACH	48	<b>Potato and Cheese Perogies</b> By Codino's. 3-13 oz packs.	\$6.69
3	<b>Chicken Nuggets</b> Taste just like a famous fast food place. Approx. 75ct. <b>BIG 5lb bag.</b>	\$13.98 SPECIAL		26	<b>Breakfast Items</b>		49	<b>Battered Onion Petals</b> Top seller! Delicious baked or deep fried. 2lb bag.	\$6.29
4	<b>Chicken Cordon Bleu</b> Stuffed w/ ham & cheese. Bakeable. 8-4oz. breasts.	\$12.98 SPECIAL		27	<b>French Toast Sticks</b> Our original. About 30ct. 2lbs.	\$4.98	50	<b>Mozzarella sticks</b> Large 3lb bag. Bake or deep fry.	\$10.98
5	<b>Chicken breasts w/ Broccoli and Cheese (our original)</b> Bakeable 8 - 4 oz. breasts.	\$12.98 SPECIAL		28	<b>Fully Cooked Breakfast Patties</b> Lean pork with country seasoning. 24-2oz 3lbs.	\$10.98	51	<b>Stuffed Shells</b> Stuffed shells with cheese. Approx. 18 count. 3lb tray.	\$6.79
6	<b>Breaded Chicken Breast Fillets</b> Fully cooked. The very best. Bake or deep fry. Approx. 18 ct. 5lbs.	\$15.98 SPECIAL		29	<b>EGGO Ready Made Pancakes</b> Bake, micro or toast, 36 count.	\$6.88	52	<b>Cheese Filled Manicotti</b> Approx 15 large manicotti. 2.5 lb. tray.	\$6.65
7	<b>Premium Chicken Tenders</b> Bake or deep fry these delicious bread- ed tenders. <b>LARGE 5lb bag.</b>	\$15.98 SPECIAL		30	<b>EGGO Ready Made Waffles</b> Bake, micro or toast, 32 count.	\$6.29	53	<b>Jalapeno Poppers</b> Filled with cheddar cheese. Bake or deep fry. About 30. 2lbs.	\$12.50
8	<b>Marinated Chicken Breast</b> Boneless and skinless a tasty lemon herb marinade. You get 12 big 6oz breasts. Large 4.5lb box.	\$14.95 SPECIAL		31	<b>Potato Items</b>		54	<b>Pizza Dough</b> 4 large 20oz. frozen dough balls.	\$6.98
9	<b>Southern Fried Chicken</b> Breasts, thighs, wings and legs. Fully cooked. Bake or deep fry, 9-10 pieces, 3.5 lbs total.	\$7.98 SPECIAL		32	<b>NEW! Mini Hash Brown Patties</b> Really delicious! About 50, bake or micro. 3lbs.	\$5.98 SPECIAL	55	<b>Garlic Knots</b> By Furlani. 2 -8oz boxes. 12 count total. Simply bake or even micro.	\$6.49
10	<b>Marinated Chicken Breast</b> Boneless and skinless a light flavorful garlic peppercorn marinade. You get 12 big 6oz breasts. Large 4.5lb box.	\$14.95 SPECIAL		33	<b>Extra Crispy Fries</b> Coated fries to get extra crispy. Bake or deep fry. 4.50lbs.	\$6.98	56	<b>Large Whole Onion Rings</b> Our Original! Bake or deep fry. Great onion rings. 2.50lb bag.	\$6.98
11	<b>Oven Roasted BBQ Wings</b> Bake, grill or deep fry, fully cooked. Great, 2 bags, approx 3.25lbs total.	\$9.98		34	<b>Sweet Potato Fries</b> Bake or deep fry. 3lb. Bag.	\$6.39	57	<b>Breaded Eggplant Slices</b> Pre-browned. About 30 slices 2.50lb. Bag.	\$7.98
12	<b>Crispy Crunchy Chicken Tenders</b> NEW! Tasty, just like the colonel intended. 5 lb bag.	\$13.98		35	<b>Seasoned Diced Potatoes</b> Pre-browned. Bake or pan fry. A top seller! Now <b>LARGER</b> 6lb bag.	\$7.98	58	<b>Mac &amp; Cheese Bites</b> Bake or deep fry. Approx 30. 2 lb. bag.	\$7.98
13	<b>Tender All White Meat Boneless Chicken Wings</b> Bake or deep fry 5lbs.	\$13.49 SPECIAL		36	<b>Jersey Shore Fries</b> Large 5lb bag.	\$7.79	59	<b>Mini Corn Dog Nuggets</b> Mini hot dogs, batter-wrapped. Bake or microwave. About 50. 2.5lbs	\$8.98
14	<b>Meat Items</b>			37	<b>Flame Roasted Peppers, Onions and Potatoes.</b> Fully cooked. Delicious side dish. Try this product. 2.50lb. Bag	\$6.98	60	<b>Garlic Texas Toast</b> Our original, By Furlani. 18 count. 3-8oz boxes. Great buy.	\$6.29
15	<b>Garlic Peppercorn Pork Tenderloins</b> A medium size tenderloin, 18oz, buy one at \$6.95 get one <b>FREE</b>	\$6.95 BOGO		38	<b>Roasted Baby Bakers</b> Baby potatoes lightly seasoned & roasted in olive oil. Heat,serve 2.5lbs.	\$6.98	61	<b>Mini Cheese Filled Pretzels</b> Microwave or bake. 3- 9oz bags.	\$7.98
16	<b>Italian Style Meatballs</b> All beef with the finest ingredients. About 30ct. 4lbs	\$16.98 SPECIAL		39	<b>Pizza</b>		62	<b>Bacon and Cheese Items</b>	
17	<b>Quarter LB Beef Burgers</b> 85% lean. Ours are simply the best. 20 count. 5lbs.	\$20.98 SPECIAL		40	<b>Cheese Pizza</b> Individual size. Bake or micro. 7ct.	\$7.98	63	<b>Pre-Cooked Bacon</b> Large 150 count pack. Delicious.	\$20.98
18	<b>Italian Sausage Burgers</b> Great grill item, seasoned medium to please all. 15 count, 3lbs.	\$11.98		41	<b>Pizza Logs</b> Eggroll shaped pepperoni, sauce and cheese. Bake or deep fry. 12ct	\$7.98	64	<b>Country Bacon</b> Thicker sliced, real hickory smoked bacon. 2 packs. 2lbs.	\$8.98
19	<b>All Natural Ground Beef</b> Our best, 90% lean. Grass fed. A \$8.99 per pound value. Sold by the pound.	\$4.98 PER POUND		42	<b>Pepperoni Pizza</b> Individual size. Bake or micro. 7ct.	\$7.98	65	<b>Sliced Munster Cheese</b> Deli-sliced daily. 1lb.	\$4.98
20	<b>Sweet Italian Sausage Links</b> Seasoned medium for added flavor. 3-1lb packs.	\$11.98		43	<b>Appetizer and Dinner Items</b>		66	<b>Jalapeno American Cheese</b> Deli-sliced daily. 1lb.	\$4.98
21	<b>Center Cut Porkchops</b> Lean and tender. Approx 14, 4.00 lbs.	\$13.98		44	<b>Battered Cauliflower</b> Bake or deep fry. Large 3 lb bag.	\$8.49	67	<b>Sliced American Cheese</b> Best quality. Sliced white. 120 slices, 5lbs. <b>Special!</b>	\$14.88
22	<b>NEW! Maple-Sage Pork Chops</b> Boneless center cuts. Very tasty marinade. You get 12 big 6oz chops. 4.5lb box.	\$14.98 SPECIAL		45	<b>Lasagna Spinach Rollups</b> Filled with delicious cheeses and spinach. 12 individual, 4oz. Just add sauce.	\$6.69	68	<b>Shredded Mozzarella Cheese</b> Large economy size bag. 5lbs.	\$15.49
23	<b>New! Sweet Bourbon Pork Chops</b> Boneless center cuts. Very tasty mari- nade. You get 12 big 6oz chops. 4.5lb box.	\$14.98 SPECIAL		46	<b>Gnocchi</b> Small potato pasta dumplings. Great side dish. 3 - 16oz.	\$5.98	69	<b>Cooper Sharp American Cheese</b> Deli sliced daily. A top seller! 1lb.	\$5.98 SPECIAL
				47	<b>Lasagna Rollups</b> Filled with delicious cheeses. 12 individual, 4oz. Just add sauce.	\$6.69		<b>Fontina Sliced Cheese</b> A cross between provolone and mozzarella. Great! A must try. 1lb sliced.	\$5.98 SPECIAL
				48	<b>Battered Corn Nuggets</b> Kids love these. Bake or deep fry. Great appetizer. 2lbs.	\$5.98			

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70	\$6.49		<b>Grated Parmesan &amp; Romano</b> Best quality. Pure, no fillers. 1lb. \$9.95 Value			90	\$6.29		<b>Ham &amp; Cheese Pockets</b> By Hot Pockets. With ham & cheese 6-4oz.		110	\$6.00		<b>Chicken Stir Fry Meal Kit</b> Tender chicken chunks, peas, carrots and broccoli with fried rice. 24 oz, serves 2-3.
71	\$6.98		<b>Shaved Italian Cheeses</b> Romano and parmesan cheese blend. Outstanding. 1lb. A 11.95 value.			91	\$6.29		<b>Breakfast Pockets</b> By Hot Pockets with sausage and cheese. 6-4oz.		111	\$8.50		<b>Turkey, Snacks and More</b> <b>Ground Turkey Meat</b> 3 1-lb packs.
72	\$6.50		<b>Sliced Sharp Cheddar</b> Sliced fresh daily 1 lb.			92	\$6.29		<b>Philly Steak and Cheese Pockets</b> By Hot Pockets. 6-4oz.		112	\$9.98		<b>Turkey Breast Burgers</b> Lean and tasty. 10 1/4 lb burgers.
73	\$5.98		<b>Sweet Horseradish Pickle Slices</b> Bread and butter style slices. By Adirondack pickle. 24oz jar.			93	\$17.98		<b>Seafood Items</b> <b>Not Breaded Haddock Fillets</b> All center cuts. 8-10 boneless, skinless wild caught fillets. All natural. 3lbs.		113	\$10.98 SPECIAL		<b>Turkey Breakfast Patties</b> Delicious, county-style seasoning, very lean. Fully cooked. About 32, large 4lb pack.
74	\$8.98		<b>Garlic Margarine</b> Best quality, many uses. Large 2lb tub.			94	\$8.98 SPECIAL		<b>Breaded Crab and Cheese Bites</b> Bake or deep fry. 2 17oz bags.		114	\$3.98		<b>Cookie Variety Pack</b> Lunch bag size, 4 famous amos chocolate chip cookies and 4 M&M cookies.
75	\$4.49		<b>American Cheese</b> For those who do not want a 5lb brick. 1lb package.			95	\$17.98		<b>Stuffed Sole</b> Bakeable 8-5oz portions With crab meat and scallops		115	\$4.59		<b>Dorito Snack Mix</b> Lunch pack size. 6 nacho cheese & 6 cool ranch. 12 total
76	\$9.50		<b>Mozzarella String Cheese</b> Land O Lakes Product Premium cheese stick. 30-1oz. sticks.			96	\$13.98 SPECIAL		<b>Ready Made Crab Cakes</b> Lots of crab. Tasty. You get 10 large 3.5 oz crab cakes.		116	\$4.59		<b>Frito Lays Variety Pack</b> Lunch pack size. 12 count 3 varieties to make up the 12. bags.
77	\$6.98		<b>Sliced Provolone Cheese</b> Best quality. 1.50lb package.			97	\$9.98		<b>Breaded Clam Strips</b> Bake or deep fry. 8 - 4oz bags		117	\$4.49		<b>Grandma's Cookies</b> 9 assorted flavor packs, peanut butter, oatmeal raisin, chocolate chip, vanilla wafer
78	\$6.98		<b>Sliced Swiss Cheese</b> Best quality. 1.50lb. package.			98	\$16.98 SPECIAL		<b>Breaded Jumbo Shrimp</b> Butterflied. Deep fry or pan fry. About 60, 3lb bag.		118	\$7.98		<b>Raspberry Melba Sauce</b> Pure raspberries. No seeds. Many uses. 32 oz. JAR
79	\$5.98		<b>Long Pepperoni Twin Sticks</b> 2 10 inch sticks, approx 1 lb total.			99	\$6.98		<b>Clams in the Shell</b> Boil in the bag. Approx 35 total. 2-16oz bags		119	\$14.49		<b>Frozen Mixed Fruit</b> Peaches, pineapple, strawberry, mango. Now larger 5lb bag.
80	\$5.98		<b>Hearty Garlic Dill Pickles</b> Bread and Butter style slices. By Adirondack Pickle. 24oz Jar.			100	\$8.98 SPECIAL		<b>Breaded Lobster Bites</b> Bake or deep fry. 2 - 17oz bags.		120	\$15.98		<b>Frozen Blueberries</b> Delicious, ripe, flavorful blueberries. Use as needed. 5 lb bag.
81	\$3.98		<b>Veggie Items</b> <b>Peppers and Onion Blend</b> 2 lb. bag			101	\$17.98		<b>Raw Shrimp</b> Not cooked, large shrimp. About 50.		121	\$13.98		<b>Philly Sandwich Steaks</b> Made from real steak cuts. Thin sliced, approx 13 ct. 3.5 lbs average total weight.
82	\$3.50		<b>Cut Corn</b> 2.50lb bag.			102	\$7.98		<b>Dessert Items</b> <b>Chocolate Cream Pie</b> Chocolate crust, chocolate custard filling, cream topping.		122	\$7.79		<b>Deli Items</b> <b>Roast Beef</b> Sliced fresh daily. 1lb \$9.95 value
83	\$3.98		<b>Broccoli Florets</b> Grade A fancy. 2lb bag.			103	\$9.98		<b>Deep Dish Straw/Rhubarb Pie</b> Best quality. Large 10 inch.		123	\$5.98		<b>Virginia Honey Baked Ham</b> Sliced fresh daily. 1lb. \$9.95 value.
84	\$3.98		<b>Cauliflower Florets</b> Grade A fancy - 2lb. bag			104	\$8.98		<b>Deep Dish Apple Pie</b> Best quality. Large 10 inch.		124	\$4.99 SPECIAL		<b>NEW! Santa Fe Turkey Breast</b> Absolute best quality. Delicious flavor. Sliced fresh daily A \$10.95 value.
85	\$3.79		<b>Brussel Sprouts</b> Small and tender. Grade A fancy. 2lb bag.			105	\$8.98		<b>Oatmeal Raisin Cookies</b> By Otis Spunkmeyer. Ready to bake. Approx 45 count, 3 lbs.		125	\$5.98 SPECIAL		<b>Genoa Salami</b> Best quality. Fresh from our deli daily. 1lb pack
86	\$3.98		<b>Prince Edward Blend</b> Baby carrots, baby yellow and green beans, 2lb bag.			106	\$8.98		<b>Chocolate Chip Cookies</b> By Otis Spunkmeyer. Ready to bake. Approx 45 count. 3lbs.		126	\$5.98 SPECIAL		<b>Sliced Pepperoni</b> Best quality. Fresh from our deli daily. 1lb. pack
87	\$3.98		<b>Oriental Veggies</b> A great blend, 2 lbs.			107	\$6.00		<b>Fully Cooked Meal Kits</b> <b>Beef and Broccoli Meal Kit</b> Tender beef steak, broccoli, white rice and vegetables in a savory soy sauce. 24 oz, serves 2-3.		127	\$6.98		<b>Sliced Corn Beef</b> Sliced fresh daily. 1lb. \$9.95 value
88	\$3.59		<b>Baby Peas and Carrots</b> 2.5 lbs bag.			108	\$6.00		<b>Chicken Alfredo Meal Kit</b> White meat chicken, pasta and tender vegetables in a rich and creamy alfredo sauce. 24 oz, serves 2-3.		128	\$6.98		<b>Oven Roasted Turkey Breast</b> Sliced fresh daily. 1lb. \$9.95 value.
89	\$6.29		<b>Hot Pocket Items</b> <b>Pepperoni Pockets</b> By Hot Pockets. With cheese, pepperoni & marinara. 6-4oz.			109	\$6.00		<b>Shrimp Scampi Meal Kit</b> Shrimp, linguini pasta and delicious vegetables in a creamy garlic sauce. 24 oz, serves 2-3.		129	\$3.98		<b>Wunderbar Bologna</b> Sliced fresh daily. 1lb. \$4.99 value.

Dear Customers,

We at TRI CITY FOODS are doing everything we can to hold our prices down. We are seeing many price increases from suppliers and manufacturers however. In addition, we are experiencing some product shortages. We want you to know that if we are sometimes out of a product, it is not our doing. Unfortunately, we do not receive advance notice on these situations.

Remember to let your relatives, friends, co-workers and neighbors know about us. Like Tri City Foods on Facebook.

Order online at [www.tricityfoods.com](http://www.tricityfoods.com).

We strive always to give you great quality products at truly discount prices.

Thank you for your business.

**WEIGHTS ARE CORRECT, COUNTS MAY VARY - NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS**  
We now accept FOOD STAMP payments- Must prepay by phone 24 or more hours in advance. Call 518-272-0898  
You may also Mail your order directly to: Tri-City Foods 618 Third Ave. Watervliet, NY 12189