

Please print heading info clearly.

TURN IN DEADLINE: Monday August 24th

PICK UP DATE:

NAME _____

NO. OF ITEMS _____

WORK PHONE _____ EXT. _____

AMT. OF ORDER _____

HOME PHONE _____

Less 3% _____

EMAIL _____

FINAL COST _____

Pay with cash or check. Food stamps now accepted by payment in advance.

Make checks to Tri-City Foods, include your address and phone number.

Please record Pick Up date so you won't miss us!

\$15.00 fee on returned checks. All products guaranteed! 518-272-0898

ITEM		COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD
	Chicken Items								
1	Boneless Skinless Chicken Breasts Super tender flattened chicken breasts Totally trimmed, approx. 20ct, 5lbs.	\$13.98 SPECIAL		24	Lean Ground Beef (our original) All-natural 85% lean. A \$6.99 per pound value. Sold by the pound.	\$4.98 PER POUND	47	Chinese Eggrolls Our original. Pork & veggie. Bake or deep fry. 24 -1.5oz eggrolls.	\$11.98
2	NEW! Jumbo Ch Breast Chunks Golden brown breaded, tender and tasty. Great buy! LARGE 5lb bag.	\$11.98 SPECIAL		25	Boneless Top Sirloin Steak Choice cut, very tender, 5-6 oz each, sold by the steak.	\$2.89 EACH	48	Potato and Cheese Perogies By Codino's. 3-13 oz packs.	\$6.69
3	Chicken Nuggets Taste just like a famous fast food place. Approx. 75ct. BIG 5lb bag.	\$13.98 SPECIAL		26	Breakfast Items		49	Battered Onion Petals Top seller! Delicious baked or deep fried. 2lb bag.	\$6.29
4	Chicken Cordon Bleu Stuffed w/ ham & cheese. Bakeable. 8-4oz. breasts.	\$12.98 SPECIAL		27	French Toast Sticks Our original. About 30ct. 2lbs.	\$4.98	50	Mozzarella sticks Large 3lb bag. Bake or deep fry.	\$10.98
5	Chicken breasts w/ Broccoli and Cheese (our original) Bakeable 8 - 4 oz. breasts.	\$12.98 SPECIAL		28	Fully Cooked Breakfast Patties Lean pork with country seasoning. 24-2oz 3lbs.	\$10.98	51	Stuffed Shells Stuffed shells with cheese. Approx. 18 count. 3lb tray.	\$6.79
6	Breaded Chicken Breast Fillets Fully cooked. The very best. Bake or deep fry. Approx. 18 ct. 5lbs.	\$15.98 SPECIAL		29	Pancake + Sausage on a Stick Large, 3oz, 10 count.	\$7.98	52	Cheese Filled Manicotti Approx 15 large manicotti. 2.5 lb. tray.	\$6.65
7	Tender all white meat boneless Chicken Wings Bake or deep fry 5lbs.	\$13.49 SPECIAL		30	Cinnamon French Toast Stick About 30 ct, 2lbs.	\$5.29	53	Jalapeno Poppers Filled with cheddar cheese . Bake or deep fry. About 30. 2lbs.	\$12.50
8	Marinated Chicken Breast Boneless and skinless a tasty lemon herb marinade. You get 12 big 6oz breasts. Large 4.5lb box.	\$14.95 SPECIAL		31	Potato Items		54	Pizza Dough 4 large 20oz. frozen dough balls.	\$6.98
9	Breaded Chicken Parm Fillets WOW! Parm in the breading, super good. About 18, 5lb	\$12.98 SPECIAL		32	Hash Brown Sticks Bake or deep fry. The size of French toast sticks. Try these delicious hash brown sticks. Approx 40ct, 4lbs.	\$7.98	55	Garlic Knots By Furlani. 2 -8oz boxes. 12 count total. Simply bake or even micro.	\$6.49
10	Marinated Chicken Breast Boneless and skinless a light flavorful garlic peppercorn marinade. You get 12 big 6oz breasts. Large 4.5lb box.	\$14.95 SPECIAL		33	Extra Crispy Fries Coated fries to get extra crispy. Bake or deep fry. 4.50lbs.	\$6.98	56	Large Whole Onion Rings Our Original! Bake or deep fry. Great onion rings. 2.50lb bag.	\$6.98
11	Oven Roasted BBQ Wings Bake, grill or deep fry, fully cooked. Great, 3 bags, 5lbs total.	\$14.98		34	Sweet Potato Fries Bake or deep fry. 3lb. Bag.	\$6.39	57	Breaded Eggplant Slices Pre-browned. About 30 slices 2.50lb. Bag.	\$7.98
12	Lightly Breaded Chicken Wings Deep fry or bake. Large 4.75lb bag	\$12.98		35	Seasoned Diced Potatoes Pre-browned. Bake or pan fry. A top seller! Large 5lb bag.	\$6.98	58	Mac & Cheese Bites Bake or deep fry. Approx 30. 2 lb. bag.	\$7.98
13	Meat Items			36	Jersey Shore Fries Large 5lb bag.	\$7.79	59	Mini Corn Dog Nuggets Mini hot dogs, batter-wrapped. Bake or microwave. About 50. 2.5lbs	\$8.98
14	Baby Back Ribs in Sauce Pre-cut ribs, extra large 3.5lb pack.	\$13.98 SPECIAL		37	Flame Roasted Peppers, Onions and Potatoes. Fully cooked. Delicious side dish. Try this product. 2.50lb. Bag	\$6.98	60	Garlic Texas Toast Our original, By Furlani. 18 count. 3-8oz boxes. Great buy.	\$6.29
15	Garlic Peppercorn Pork Tenderloins A medium size tenderloin, 18oz, buy one at \$6.95 get one FREE	\$6.95 BOGO		38	Roasted Baby Bakers Baby potatoes lightly seasoned & roasted in olive oil. Heat,serve 2.5lbs.	\$6.98	61	Pizza Logs Eggroll shaped pepperoni, sauce and cheese. Bake or deep fry. 12ct	\$7.98
16	Italian Style Meatballs All beef with the finest ingredients. About 30ct. 4lbs	\$16.98 SPECIAL		39	Pizza		62	Bacon and Cheese Items	
17	Quarter LB Beef Burgers 85% lean. Ours are simply the best. 20 count. 5lbs.	\$20.98 SPECIAL		40	Deep Dish Cheese Pizza Individual size. Bake or micro. 6ct.	\$7.98	63	Pre-Cooked Bacon Large 150 count pack. Delicious.	\$20.98
18	Italian Sausage Burgers Great grill item, seasoned medium to please all. 15 count, 3lbs.	\$11.98		41	Deep Dish Supreme Pizza Individual size. With green peppers, sausage, pepperoni and onions. Bake or micro. 6ct.	\$7.98	64	Country Bacon Thicker sliced, real hickory smoked bacon. 2 packs. 2lbs.	\$8.98
19	All Natural Ground Beef Our best, 90% lean. Grass fed. A \$8.99 per pound value. Sold by the pound.	\$4.98 PER POUND		42	Appetizer and Dinner Items		65	Sliced Munster Cheese Deli-sliced daily. 1lb.	\$4.98
20	Sweet Italian Sausage Links Seasoned medium for added flavor. 3-1lb packs.	\$11.98		43	Battered Cauliflower Bake or deep fry. Large 3 lb bag.	\$8.49	66	Jalapeno American Cheese Deli-sliced daily. 1lb.	\$4.98
21	Center Cut Porkchops Lean and tender. Approx 14, 4.00 lbs.	\$13.98		44	Lasagna Spinach Rollups Filled with delicious cheeses and spinach. 12 individual, 4oz. Just add sauce.	\$6.69	67	Sliced American Cheese Best quality. Sliced white. 120 slices, 5lbs. Special!	\$15.88
22	Jumbo Beef Burgers 85% lean, best quality. 15 large burgers, 5lbs.	\$20.98		45	Gnocchi Small potato pasta dumplings. Great side dish. 3 - 16oz.	\$5.98	68	Shredded Mozzarella Cheese Large economy size bag. 5lbs.	\$15.88
23	New! Sweet bourbon Pork Chops Boneless center cuts. Very tasty mari- nade. You get 12 big 6oz chops. 4.5lb box.	\$14.98 SPECIAL		46	Lasagna Rollups Filled with delicious cheeses. 12 individual, 4oz. Just add sauce.	\$6.69	69	Cooper Sharp American Cheese Deli sliced daily. A top seller! 1lb.	\$5.98 SPECIAL
				47	Battered Corn Nuggets Kids love these. Bake or deep fry. Great appetizer. 2lbs.	\$5.98		Fontina Sliced Cheese A cross between provolone and mozzarella. Great! A must try. 1lb sliced.	\$5.98 SPECIAL

ITEM	COST	ORD	ITEM	COST	ORD	ITEM	COST	ORD		
70	\$6.49		Grated Parmesan & Romano Best quality. Pure, no fillers. 1lb. \$9.95 Value		90	Ham & Cheese Pockets By Hot Pockets. With ham & cheese 6-4oz.	\$6.29	110	Chicken Stir Fry Meal Kit Tender chicken chunks, peas, carrots and broccoli with fried rice. 24 oz, serves 2-3.	\$6.00
71	\$6.98		Shaved Italian Cheeses Romano and parmesan cheese blend. Outstanding. 1lb. A 11.95 value.		91	Breakfast Pockets By Hot Pockets with sausage and cheese. 6-4oz.	\$6.29	111	Turkey, Snacks and More Ground Turkey Meat 3 1-lb packs.	\$8.50
72	\$6.50		Sliced Sharp Cheddar Sliced fresh daily 1 lb.		92	Philly Steak and Cheese Pockets By Hot Pockets. 6-4oz.	\$6.29	112	Turkey Breast Burgers Lean and tasty. 10 1/4 lb burgers.	\$9.98
73	\$5.98		Sweet Horseradish Pickle Slices Bread and butter style slices. By Adirondack pickle. 24oz jar.		93	Seafood Items Not Breaded Haddock Fillets All center cuts. 8-10 boneless, skinless wild caught fillets. All natural. 3lbs.	\$17.98	113	Turkey Breakfast Patties Delicious, county-style seasoning, very lean. Fully cooked. About 32, large 4lb pack.	\$10.98 SPECIAL
74	\$8.98		Garlic Margarine Best quality, many uses. Large 2lb tub.		94	Breaded Crab and Cheese Bites Bake or deep fry. 2 17oz bags.	\$8.98 SPECIAL	114	Ninja Turtle Fruit Snacks 20 packs, each pack has assorted fruit flavors	\$3.98
75	\$4.49		American Cheese For those who do not want a 5lb brick. 1lb package.		95	Stuffed Sole Bakeable 8-5oz portions With crab meat and scallops	\$17.98	115	Dorito Snack Mix Lunch pack size. 6 nacho cheese & 6 cool ranch. 12 total	\$4.59
76	\$9.50		Mozzarella String Cheese Land O Lakes Product Premium cheese stick. 30-1oz. sticks.		96	Ready Made Crab Cakes Lots of crab. Tasty. You get 10 large 3.5 oz crab cakes.	\$13.98 SPECIAL	116	Frito Lays Variety Pack Lunch pack size. 12 count 3 varieties to make up the 12. bags.	\$4.59
77	\$6.98		Sliced Provolone Cheese Best quality. 1.50lb package.		97	Breaded Clam Strips Bake or deep fry. 8 - 4oz bags	\$9.98	117	Grandma's Cookies 9 assorted flavor packs, peanut butter, oatmeal raisin, chocolate chip, vanilla wafer	\$4.49
78	\$6.98		Sliced Swiss Cheese Best quality. 1.50lb. package.		98	Breaded Jumbo Shrimp Butterflied. Deep fry or pan fry. About 60, 3lb bag.	\$16.98 SPECIAL	118	Mini Cheese Filled Pretzels Microwave or bake. 3- 9oz bags.	\$7.98
79	\$10.98		Long Pepperoni Stick By Hormel Approx. 2 feet long 2.25lbs average weight		99	Clams in the Shell Boil in the bag. Approx 35 total. 2- 16oz bags	\$6.98	119	Frozen Berry Mix Blueberries, blackberries, raspberries, strawberries. 5lb bag.	\$16.98
80	\$5.98		Hearty Garlic Dill Pickles Bread and Butter style slices. By Adirondack Pickle. 24oz Jar.		100	Breaded Lobster Bites Bake or deep fry. 2 - 17oz bags.	\$8.98 SPECIAL	120	Frozen Mixed Fruit Peaches, pineapple, strawberry, mango. Now larger 5lb bag.	\$14.49
81	\$3.98		Veggie Items Peppers and Onion Blend 2 lb. bag		101	Raw Shrimp Not cooked, large shrimp. About 50.	\$17.98	121	Large PAM Spray Large 17oz can	\$4.98
82	\$3.50		Cut Corn 2.50lb bag.		102	Dessert Items Chocolate Cream Pie Chocolate crust, chocolate custard filling, cream topping.	\$7.98	122	Deli Items Roast Beef Sliced fresh daily. 1lb \$9.95 value	\$7.79
83	\$3.98		Broccoli Florets Grade A fancy. 2lb bag.		103	Banana Cream Pie Thaw and serve.	\$7.98	123	Virginia Honey Baked Ham Sliced fresh daily. 1lb. \$9.95 value.	\$5.98
84	\$3.98		Cauliflower Florets Grade A fancy - 2lb. bag		104	Boston Cream Pie Plain cake, custard filling, chocolate glaze. Thaw and serve.	\$8.98	124	NEW! Santa Fe Turkey Breast Absolute best quality. Delicious fla- vor. Sliced fresh daily A \$10.95 value.	\$4.99 SPECIAL
85	\$3.79		Brussel Sprouts Small and tender. Grade A fancy. 2lb bag.		105	Lemon Meringue Pie Simply thaw and serve.	\$8.98	125	Genoa Salami Best quality. Fresh from our deli daily. 1lb pack	\$5.98 SPECIAL
86	\$3.98		Prince Edward Blend Baby carrots, baby yellow and green beans, 2lb bag.		106	Chocolate Chip Cookies By Otis Spunkmeyer. Ready to bake. Approx 45 count. 3lbs.	\$8.98	126	Sliced Pepperoni Best quality. Fresh from our deli daily. 1lb. pack	\$5.98 SPECIAL
87	\$3.19		Cut Green Beans 2lbs		107	Fully Cooked Meal Kits Beef and Broccoli Meal Kit Tender beef steak, broccoli, white rice and vegetables in a savory soy sauce. 24 oz, serves 2-3.	\$6.00	127	Sliced Corn Beef Sliced fresh daily. 1lb. \$9.95 value	\$6.98
88	\$3.59		Baby Peas and Carrots 2.5 lbs bag.		108	Chicken Alfredo Meal Kit White meat chicken, pasta and tender vegetables in a rich and creamy alfredo sauce. 24 oz, serves 2-3.	\$6.00	128	Oven Roasted Turkey Breast Sliced fresh daily. 1lb. \$9.95 value.	\$6.98
89	\$6.29		Hot Pocket Items Pepperoni Pockets By Hot Pockets. With cheese, pepperoni & marinara. 6-4oz.		109	Shrimp Scampi Meal Kit Shrimp, linguini pasta and delicious vegetables in a creamy garlic sauce. 24 oz, serves 2-3.	\$6.00	129	Wunderbar Bologna Sliced fresh daily. 1lb. \$4.99 value.	\$3.98

Dear Customers,

We at TRI CITY FOODS are doing everything we can to hold our prices down. We are seeing many price increases from suppliers and manufacturers however. In addition, we are experiencing some product shortages. We want you to know that if we are sometimes out of a product, it is not our doing. Unfortunately, we do not receive advance notice on these situations.

Remember to let your relatives, friends, co-workers and neighbors know about us. Like Tri City Foods on Facebook.

Order online at www.tricityfoods.com.

We strive always to give you great quality products at truly discount prices.

Thank you for your business.

WEIGHTS ARE CORRECT, COUNTS MAY VARY - NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS

We now accept FOOD STAMP payments- Must prepay by phone 24 or more hours in advance. Call 518-272-0898

You may also Mail your order directly to: Tri-City Foods 618 Third Ave. Watervliet, NY 12189

Order online at www.tricityfoods.com